KIN 125

Introduction Assignment

The following assignment is worth 5 points. You need to answer all of the following questions to get full credit for this assignment. In essence, this assignment is to provide some assurance that you have reviewed the course syllabus, visited the course website, and answer introductory questions pertaining to sport (chapter 10).

1. Biographical information:

Name

High School that you attended

Interest in career pursuit: what would you like to be doing in 10 years?

Identify physical activities that you have engaged in the past and/or in the present:

2. To the best of your ability, define kinesiology (without looking up the term, remember, all you have to do is answer the questions on this assignment):

3. Define sport (again, do not look up sport in the dictionary, rely on your cultural experience in defining sport):

4. Identify at least three important aspects for an activity to be considered as sport:

5. Identify three activities that you would consider as sport:

6. Is chess a sport? Explain why or why not: