KIN 125 Football High – Interscholastic Sports – Three Points

Please go to the course web site and click on the link to this assignment. Use this handout to take notes as you watch the video. Then download the assignment and **TYPE** your answers. Print a copy and submit the assignment on September 23.

High school football has never had a higher profile, with nationally televised games, corporate sponsorships, and minute-by-minute coverage on sports websites. In northwest Arkansas, FRONTLINE examines one ambitious high school team working its way towards national renown. With a superstar quarterback at the helm, tiny Shiloh Christian is striving to join the ranks of the country’s best high school teams—teams whose workout schedules, practices, and styles of play increasingly imitate the pros. But as high school players grow bigger, faster, and stronger, there are growing concerns about the health and safety of these young players, with rising rates of concussions and death from heat stroke.

The following site provides considerable information on the documentary entitled *Football High* <http://www.pbs.org/wgbh/pages/frontline/football-high/>

Included is the full length of the documentary, interviews with medical professionals, athletics coaches, and journalists. Begin with watching the short video entitled “Starting Young”. Then watch the full documentary.

1. During the past 20 years interscholastic football has become more intense:

* What has been the influence of economic forces and mass media in ramping up this intensity?
* What has happened on the size, strength and speed of players?
* How many concussions are reported every year in high school football?
* What is CTE disease?
* How many athletes participate in high school football?
* Are there any national safety guidelines regarding high school football?