

## Sports and Physical Education Timeline

776 BC	<b>The first ancient Olympiad is held. Tradition of elite male to prove their total excellence physically, mentally, and morally. Gave wreath to winner. Early events: Boxing, footrace, archery, spear throwing, discus</b>
394 AD	Ancient Olympics halted by Theodosius
1420	Vittorino da Feltre, an Italian physician, begins childhood physical education classes.
1457	Earliest reference to golf (Scotland)
1541	Earliest written report of curling (Scotland)
1814	Denmark's School Bill of 1814 introduced by Nachteggall establishes first ever mandatory physical education
1819	Jahn is arrested - As a result all Turnen (gymnastics) is banned in Germany
<b>1823</b>	<b>Catharine Beecher founds Hartford seminary for girls (American Style - Calisthenics)</b>
1823	William Webb Ellis invents rugby
<b>1823</b>	<b>Round Hill School opens</b>
<b>1825</b>	<b>Charles Beck becomes first physical education teacher in U.S. at Round Hill School. (German system – Gymnastics)</b>
<b>1826</b>	<b>Charles Follen opens the first college gymnasium at Harvard</b>
1826	Charles Follen opens the first public gymnasium in Boston
1844	YMCA founded in London by by George Williams
1859	First intercollegiate baseball game - Amherst(72) vs. Williams College(32)
1860	Bean Bags invented by Dio Lewis
<b>1861</b>	<b>The Normal Institute of Physical Education is founded in Boston</b>
1861	Amherst becomes first college to establish a men's physical education program
1866	California becomes first state to pass physical education legislation.
1869	First professional baseball team - the Cincinnati Red Stockings
1874	W.C. Wingfield invents lawn tennis
1875	Captain Matthew Webb becomes 1st person to swim the English Channel
1875	National Bowling League is formed
1876	The National League of Professional Baseball Clubs was formed
1879	National Association of Amateur Athletes of America is formed ( forerunner of the AAU)
1880	United States Lawn Tennis Association is organized
1882	American Association of Baseball is formed
<b>1883</b>	<b>Hartvig Nissen started teaching Swedish gymnastics in Washington, D.C. (Swedish System – Graceful)</b>
<b>1885</b>	<b>Nils Posse started teaching Swedish gymnastics in Boston, Massachusetts</b>
1885	Debate between the Battle of the Systems organized by William G. Anderson, M.D
1885	American Association for the Advancement of Physical Education founded (AAAPE)

(Note: Some of the timeline information is based on the following website: History and Physical Education. (n.d.). Retrieved January 3, 2003, from <http://schools.eastnet.ecu.edu/pitt/ayden/hist/history.html#>)

1887	Invention of Softball
1888	The Amateur Athletic Union is formed and holds first meeting in Detroit
1889	Boston Conference on Physical Training (Hartwell)
1889	Boston Normal School of Gymnastics founded
<b>1891</b>	<b>James Naismith invents Basketball</b>
1892	Ohio passes mandatory physical education law
1893	Led by Baron Pierre de Coubertin, Congress of Paris voted to restore Olympic games.
<b>1895</b>	<b>Volleyball is invented by William George Morgan originally called "mintonette"</b>
<b>1896</b>	<b>First modern Olympics held in Athens</b>
1897	Wisconsin passes mandatory physical education law
1899	North Dakota passes mandatory physical education law
1900	American League of Baseball formed
1901	Pennsylvania passes physical education law
1903	First World Series - Boston vs. Pittsburg
1906	Playground Association of America founded
<b>1906</b>	<b>National Collegiate Athletic Association (NCAA) formed</b>
1907	Boy Scout Movement founded for promotion of physical recreation
1911	Michigan passes mandatory physical education law
1913	Idaho passes mandatory physical education law
1915-18	Eight states pass physical education legislation requiring <u>some sort of physical training</u> in the schools - Illinois, New York, California, Nevada, New Jersey, Rhode Island, Delaware and Maryland
1919-25	More states come to the forefront in passing physical education legislation requiring <u>some sort of physical training</u> in the schools - Alabama, Indiana, Maine, Michigan, Oregon, Utah, Washington, Georgia, Kentucky, Mississippi, Virginia, Connecticut, Massachusetts, Missouri, North Carolina, West Virginia, Iowa, Wisconsin, Minnesota, South Carolina and Tennessee
<b>1924</b>	<b>Winter Olympic Games initiated in Chamonix, France</b>
1926	Gertrude Ederle becomes first women to swim the English Channel
1939	Little League Baseball founded by Carl Stoltz
1949	1st plastic shuttlecock
1953	Results of the Kraus-Weber tests were published, which stated negative results of the fitness level comparisons between U.S. children and European children.
1954	Roger Bannister breaks four-minute mile
1955	In reaction to the Kraus-Weber test results in '53, President Eisenhower forms the Council on Youth Fitness.
1956	The term 'strength-endurance' is coined by C.H. McCloy
1957	AAHPER Youth Fitness Test established
1957	Althea Gibson becomes first African-American women to win Wimbledon
1961	President Kennedy reforms the the Council on Youth Fitness started by Eisenhower and it ultimately becomes the President's Council on Physical Fitness and Sports.
1968	Special Olympics begins

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<b>1972</b>	<b>Title IX bans sexual discrimination in schools for academics and athletics</b>
1981	AAHPERD Heath-Related Physical Fitness Test
1994	Physical Best fitness testing program established
2000	PEP (Physical Education for Progress Act) bill is approved by congress
2001	Bush Administration imposes a moratorium on the PEP bill

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